

HOUSING GROUP WITH INTENSIVE TREATMENT

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WHO WE ARE AND WHAT WE DO?

- Specialised group for youngsters.
- We generally work with one youngster at a time.
- Intensive work that focuses on individuals strengths, offering help and empowering individuals to deal with their issues.
- Working individually means you get to know the youngsters very well.
- We work with everybody involved with youngsters – parents, school, courts and social work centres, NGOs, neighbours, etc.
- We have a 4 step programme, goal of which is to return to home environment and successfully reintegrate in family and social life.
- Multidisciplinary approach.

OUR MISSION

To equip youngsters with knowledge and skills that will help them to face challenges ahead in a relatively short time.

WHO ARE OUR YOUNGSTERS

- Those who could not adapt to living in an institution.
- Youngsters that do not respond to techniques and methods used by the educators.
- Youngsters who develop social phobias.
- Youngsters who endanger themselves or other youngsters or put themselves in position of risk.
- Other problems.

STRUCTURE OF THE PROGRAMME

1. STEP – INTENSIVE PROGRAMME
2. STEP – SCHOOL AND INTENSIVE PROGRAMME
3. STEP – RETURNING HOME
4. STEP – WORK

I. STEP

- From 3 to 6 months
- Structured environment
- Fields of work: getting to know each other, taking care of yourself, personal hygiene, personal development, social competence, conflicts, emotions, communication, education, school work...
- We help youngsters to catch up where needed

2. STEP

- Youngster still lives in the housing group but goes daily to VIZ Višnja Gora.
- In the afternoons they still have a programme which is adapted to their schedule.
- At the beginning educators accompany youngsters to school. They gradually take over the responsibility to go to and return from school.
- If they are successful in the programme and in school they advance in step 3.

STEP 3

- Youngsters return home.
- They enrol in a school close to home.
- They are weekly visited by educators (every 2 weeks after 6 months)
- Working with the youngster and the family
- If they complete the school year and there are no violations of agreements they finish the programme.
- Alternative to going home is to return back to institution.

4. STEP

- If youngsters refuse to go to school they have the option of work.
- Youngster has to find a job for 5 times a week for 6 hours.
- After work they return to group and participate in the programme.
- We are in contact with the employer.
- Part of what they earn is put on a savings account.
- After 3 months they can decide to go back to school or continue working. If they work for 4 more months they can go back to their home environment (step 3) and after 6 months they finish the programme.

WHAT WE DO

We organise our work according to needs and strengths of an individual.

We start the week with a meeting where we discuss what we will do.

Youngsters have a say in organising the week and are encouraged to propose activities and any other changes (timetable, rules, etc.)

We try to engage them in the process, they are encouraged to set their own goals in the programme and they are responsible for their progress.

Themes

- Who am I
- How to take care of myself, household, environment, other people
- Relationships – family, friends, partners etc.
- Competences, hobbies, activities I enjoy
- My future
- Conflicts, emotions, communication
- Role playing
- Rights and responsibilities
- Society, media, social networks.

Activities

- Opening the themes through activities which are organized by educators.
- Conversation
- Coaching
- Creative workshops
- Role playing
- Communication training
- Education
- Sports (basketball, volleyball, baseball, jogging,...)

- Mountaineering
- Bicycle trips
- Searching for hidden treasures
- Everyday activities (Cooking, cleaning, washing, etc.)
- Holiday preparations, decorating
- Volunteering at local organizations
- Library, lectures, museums...
- Helping neighbours and local community
- Practical learning – dealing with bureaucracy
- Working
- Building a social network



Thank you for your attention.

Questions?